

Project Number: 2022-1-PL01-KA220-HED-000089283

# **University of Zadar**

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Type of organisation:	
SME	School   University   Public Authority
Training \( \square\) No Pro	,
Other (Specify)	
Fields of action :	
SMEs	Youth ☐ Universities ☒ Public Authorities ☐
Equal opportunities	Schools □ Unemployed □
Other (Specify)	





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## Description of the organisation

The University of Zadar is an integrated university with 27 departments - mainly in humanities and social sciences - and four research centres. It has about 6,000 students, 440 faculty members and 240 staff. Study programmes are conducted at all three levels

Higher education has existed in Zadar - with few interruptions - since 1396, when the Dominican higher education institution Studium generale, later known as Universitas ladertina, was founded, and the University of Zadar is in some ways a successor to this long tradition. The modern history of the University of Zadar began in 1955, but the independent University of Zadar was established only in 2002. The University cooperates with numerous Croatian and foreign institutions and academic associations, and its faculty members collaborate in or lead a number of national and/or international projects.

## Experience of the organization in previous European projects

Most of the research was carried out within the framework of individual scientific investigations or research topics compiled by smaller research groups (e.g. biological markers of environmental influences on pregnant women, nursing mothers and children from Zadar County; determination and characterization of pollen allergen structure of plants of the Oleaceae family). Due to the significant turnover of teaching staff directly involved in respiratory diseases and the various departments within the health system itself, no European projects have been carried out in this area.

Participation in numerous tenders, grants, actions, work on the market and other available sources of funding allows the University of Zadar to enter into new business partnerships and purchase various equipment that improves the work at the University.

The list of current projects can be found at the following link <a href="https://uzz.unizd.hr/projekti">https://uzz.unizd.hr/projekti</a>

## Experience and Expertise of the organization in the project's subject area

The planned activities within the project should have a significant impact on the future activities of the University of Zadar, because part of the development strategy of the University of Zadar is an activity related to health promotion through systematic development of physical activity.

The University of Zadar strives to participate in the processes of smart specialisation through the following area of health and quality of life. All activities and content are an important part of the daily life of students, but there is no elaborated system that makes it possible. Although all these activities (e.g. sports, social) are present at the University of Zadar, we want to systematically elaborate them and enable their implementation.

All planned researchers have experience in conducting research and developing research methods in this field. They have also been involved in several prevention programmes and in the development of programmes to support groups with specific respiratory health problems. Research has been conducted with groups of individuals of different ages and appropriate programmes have been developed.

The Department of Health Studies and the Department of Psychology of the University of Zadar have participated in the implementation of a number of projects in the field of health behaviour and its empowerment for the development of the well-being of the general public.

## Contributions that can be provided to the project

Research in the field of social and natural sciences at the University of Zadar is very developed and there are a number of projects that are carried out and relate to issues related to the well-being and mental health of different groups. In cooperation with colleagues from Zadar General Hospital and top experts in the field of pulmonology, research was conducted on groups of children and adolescents in connection with various respiratory symptoms. In the databases there are data on the monitored patients. All researchers who are to be involved in the project activities have experience in the implementation of European projects and relevant scientific research experience. Work to date has resulted in a number of scientific publications on the topic of the project.

Zvjezdan Penezic is a full professor at the Department of psychology and Vice Rector for Scientific Affairs and Information





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Infrastructure at University of Zadar, Croatia. Since 2016, he has been the head of Department of Psychology at the University of Zadar, and a deputy head of the same Department in several mandates. He teaches at the undergraduate and graduate levels of psychology studies and has been engaged in the postgraduate studies of Psychology, International Relations, and in the International Joint Study of Sociology of Regional and Local Development. Many years of scientific research have resulted in authorship and co-authorship in a series of scientific and professional papers published in relevant psychology journals and publications, and numerous researches have been successfully presented at national and international scientific and professional conferences. He was also appointed by the Ministry of Science and Technology of the Republic of Croatia as a reviewer of scientific research projects, and by the Croatian Science Foundation as a member of the panel for reviewing applied scientific projects.

Jasmina Friganović Huljev completed residency in pediatrics at the Clinical Hospital Center Zagreb and subspecialization in pediatric pulmonology also at the Clinical Hospital Center Zagreb. She worked as a general practitioner, as a medical support during demining in Zadar County and since December 2000 she has been working in the Department of Pediatrics in Zadar General Hospital. She is a member of the Croatian Society of Pediatrics and the Croatian Society of Pediatric Pulmonology.

Eugenia Basioli Kasap is a specialist in the field of pulmonology. She is certainly the physician who has the most experience in the treatment of pulmonary diseases due to coronavirus infections and has been working in the third and most difficult department of COVID from the very beginning. Her previous scientific research have resulted in a number of scientific papers dealing with the field of pulmonary diseases and treatment of the consequences of inappropriate health lifestyle.

#### Reasons of involvement in the project

As already mentioned in the Development Strategy of the University of Zadar, but also in national documents (e.g. the National Health Development Plan for the period from 2021 to 2027), activities are planned to strengthen the health behaviours of all age groups. Therefore, all activities aimed at developing models and patterns to improve health behaviours of different groups are a challenge and an opportunity to strengthen health capacities, especially through cooperation with representatives from other countries.

Through direct cooperation with the Zadar General Hospital, as well as through the support of local bodies (Zadar County Health Council), health care can be planned in such a way as to ensure conditions for the protection, maintenance, and improvement of the health of the inhabitants of Zadar County and beyond. The proposals and recommendations of the Health Council of Zadar County are used for the preparation of strategic documents of the health policy of the County and the implementation of rights, duties, tasks, and objectives in the field of health care.

## **Contact Person's Experience and Expertise**

Zvjezdan Penezic is a full professor at the Department of psychology and also Vice Rector for Scientific Affairs and Information Infrastructure at University of Zadar, Croatia. Since 2016, he has been the head of Department of Psychology at the University of Zadar, and a deputy head of the same Department in several mandates. He teaches at the undergraduate and graduate levels of psychology studies and has been engaged in the postgraduate studies of Psychology, International Relations, and in the International Joint Study of Sociology of Regional and Local Development. Many years of scientific research have resulted in authorship and co-authorship in a series of scientific and professional papers published in relevant psychology journals and publications, and numerous researches have been successfully presented at national and international scientific and professional conferences. He was also appointed by the Ministry of Science and Technology of the Republic of Croatia as a reviewer of scientific research projects, and by the Croatian Science Foundation as a member of the panel for reviewing applied scientific projects.

