

BREATH Multiplier Event

Lisbon, Portugal

23/05/2025

Programme

09:00	Participants Check-in Welcome and registration of participants. Initial opportunity for informal networking between professionals and students.
09:30	Welcome Speech Prof. Dr. Luís Sousa, ESSATLA Opening remarks from the host coordinator, introducing the event's goals and the context of the BREATH project.
09:45	Case Studies Presentation – Good Practices in Portugal BREATH Team, ESSATLA Presentation of 20 national good practices in integrated respiratory care. Discussion of Portugal's contributions to the project's training module.
10:45	Coffee Break & Networking Coffee break and informal networking session. Time for participants to connect and exchange experiences.
11:15	The Role of Rehabilitation Nursing in Respiratory Care Head Nurse Raquel Bolas, ULS Santa Maria Sharing of professional experience in rehabilitation nursing, with a focus on person-centred approaches and integrated care practices, focusing on the case of cystic fibrosis
12:00	Person-Centred Practice: Clinical Experience Nurse Neuza Reis, ULS São José Clinical case reflections and practical strategies in the management of respiratory patients referring to the application of telerehabilitation, highlighting the importance of personalized care.
12:45	Closing Remarks BREATH Team, ESSATLA Final thanks and reflections on the project's impact in training healthcare professionals for the integrated management of chronic respiratory diseases.